

### Faculty:

**Peter J.F.M. Lohuis, MD PhD**  
Otorhinolaryngologist/Head Neck Surgeon  
Antoni van Leeuwenhoek Hospital, Amsterdam  
Lohuis-Filipović Medical Group, Zagreb

**Rick van de Langenberg, MD PhD**  
Otorhinolaryngologist  
Diaconessen Hospital, Utrecht

**Maarten O. Mensink, MD PhD**  
Anesthesiologist - Pain Specialist  
University Medical Center, Utrecht

**Prof. Ronald L.A.W. Bleys, MD PhD**  
Anatomist  
University Medical Center, Utrecht

**Hans A. Carpay, MD PhD**  
Neurologist  
Tergooi Hospital, Hilversum

**Rolf Fronczek, MD PhD**  
Neurologist  
University Medical Center Leiden

**Pepijn A. Borggreven, MD PhD**  
Otorhinolaryngologist  
Diaconessen Hospital, Utrecht

**Egbert P. van der Hoeve, MD DMD**  
Oral and Maxillofacial Surgeon  
Diaconessen Hospital, Utrecht

**Xander Zuidema, MD PharmD**  
Anesthesiologist - Intensivist - Pain Specialist  
Diaconessen Hospital, Utrecht

**Bart Liebrand, MD PhD**  
Anesthesiologist - Pain Specialist  
St. Anna Ziekenhuis, Geldrop

**Guus N. Beute, MD PhD**  
Neurosurgeon  
ETZ Tilburg

**Anniek Rollman, MD PhD**  
Physical therapist and epidemiologist  
Academic Centre for Dentistry Amsterdam (ACTA)

**Boris J. Filipović, MD PhD**  
Researcher  
University Hospital Sveti Duh, Zagreb  
Lohuis-Filipović Medical Group, Zagreb

**J. Alexander de Ru, MD PhD**  
Otorhinolaryngologist  
Central Military Hospital, Utrecht  
University Medical Center, Utrecht

**Richard C.J.M. Donders, MD PhD**  
Neurologist  
Diaconessen Hospital, Utrecht

**Roderick J. Blom, MD**  
Neurologist  
Diaconessen Hospital, Utrecht

### Utrecht

Utrecht is a beautiful, happy and artistic city. The Medieval Dom Tower is the largest church tower in the Netherlands and the reigning symbol of Utrecht. The center of this fortified city is enclosed by beautiful canals and wharfs that together with many stately buildings and numerous car free squares embody the European cafe and restaurant terrace culture. Utrecht has a vibrant nightlife and one of the largest indoor malls of the Netherlands. The center is closely connected to the Utrecht Central Train Station, making the city easily connectable to Schiphol Airport, Amsterdam, and the rest of Europe. Around Utrecht you can find golf courses, spa facilities, biking routes, and peaceful woodlands.



### Grand Hotel Karel V

Grand Hotel Karel V is an exceptional five star hotel in the center of Utrecht. It serves a wide choice of room types and rates, but its 121 rooms each have their own authentic atmosphere. The hotel personifies a perfect balance of history and modern comfort and offers an enjoyable price-quality ratio. During the course several rooms will be reserved at a special rate.

### Course directors:

J. Alexander de Ru  
Peter J.F.M. Lohuis  
Rick van de Langenberg

### Language:

The official language of the course will be English

### Course venue:

Auditorium Diaconessen Hospital  
Bosboomstraat 1  
3582 KE Utrecht - The Netherlands

### Further information:

Peter J.F.M. Lohuis  
Department of Otorhinolaryngology/  
Head and Neck Surgery  
Diaconessen Hospital  
P.O. Box 80250  
3508 TG Utrecht - The Netherlands  
Tel: +31 (0)88 250 6292  
Fax: +31 (0)88 250 6152  
Email: [info@pain-headneck-meeting.com](mailto:info@pain-headneck-meeting.com)



**Diaconessenhuis**

ACCREDITATION  
POINTS: 6

5<sup>th</sup> UTRECHT MULTIDISCIPLINARY MEETING ON

**PAIN** in the **HEAD** and **NECK AREA**



**December 11, 2020**  
**Utrecht - The Netherlands**

[www.pain-headneck-meeting.com](http://www.pain-headneck-meeting.com)



## PAIN in the HEAD and NECK AREA

in Utrecht several leaders in the field, but with a different specialist background, will come together to promote a better understanding of the pathophysiology of acute and chronic pain in the head and neck area and to critically review the current state-of-the-art practice in diagnosis and treatment of headache and neck pain.

### Target Audience

Health care professionals who seek the latest developments in pain medicine of the head and neck area including anesthesiologists, neurologists, otolaryngologists, pain specialists, rehabilitation specialists, orthopedic surgeons, neurosurgeons, palliative care specialists, primary care physicians, maxillofacial surgeons and dentists will benefit from this program.

### Educational Objectives

- Discuss current evidence-based management strategies for treating several types of pain in the head and neck area
- Describe the pathophysiology, clinical presentation, and treatment of several types of headaches
- Identify new techniques and technologies for pain management in the head and neck area
- Provide an update on image-guided procedures and radiofrequency techniques
- Demonstrate current surgical techniques for treating headache and neck pain
- Discuss case studies on patients with headache and neck pain

Headache, midfacial pain, neck pain, postoperative pain and posttraumatic pain; specialists of all types are confronted almost daily with the diagnosis and management of acute and chronic headache and neck pain. During this 5th interdisciplinary pain symposium

5  
th  
U  
T  
R  
E  
C  
H  
T  
M  
U  
L  
T  
I  
D  
I  
S  
C  
I  
P  
L  
I  
N  
A  
R  
Y  
M  
E  
E  
T  
I  
N  
G  
O  
N  
P  
A  
I  
N  
I  
N  
T  
H  
E  
H  
E  
A  
D  
A  
N  
D  
N  
E  
C  
K  
A  
R  
E  
D  
E  
C  
E  
M  
B  
E  
R  
1  
1  
2  
0  
2  
0

## 5<sup>th</sup> UTRECHT MULTIDISCIPLINARY MEETING ON PAIN IN THE HEAD AND NECK AREA

### PROGRAM of Friday December 11, 2020

#### SESSION I

08.25 - 08.30  
08.30 - 08.55  
08.55 - 09.20  
09.20 - 09.50  
09.50 - 10.20

#### Moderator: De Ru

Introduction  
Pathophysiology of pain  
Anatomical aspects of pain in the head and neck area  
Primary headaches  
Secondary headaches and cranial neuralgias

Lohuis  
Mensink  
Bleys  
Carpay  
Fronczek

#### 10.20 - 10.50

#### Coffee Break

#### SESSION 2

10.50 - 11.10  
11.10 - 11.30  
11.30 - 11.50  
11.50 - 12.15

#### Moderator: Blom

Dural neurogenic inflammation and pain in the head neck  
Botox and nerve blocks  
Surgical options for entrapment neuropathy  
Pain pharmacology

Filipović  
de Ru  
Lohuis  
Zuidema

#### 12.15 - 13.15

#### Lunch

#### SESSION 3

13.15 - 13.40  
13.40 - 14.05  
14.05 - 14.30

#### Moderator: Donders

The role of a pain team in a large general hospital  
Surgical treatment options for trigeminal neuralgia  
TMD and atypical lateral facial pain

Liebrand  
Beute  
Rollman

#### 14.30 - 15.00

#### Coffee Break

#### SESSION 4

15.00 - 15.20  
15.20 - 15.40  
15.40 - 16.30

#### Moderator: Lohuis

Pain and the Otorhinolaryngologist  
Pain and the Maxillofacial Surgeon  
Case examples of the day: what have we learned?

Borggrevén  
van der Hoeve  
All teachers

#### 16.30 - 17.00

#### Drinks and certificates

## 5<sup>th</sup> UTRECHT MULTIDISCIPLINARY MEETING ON PAIN IN THE HEAD AND NECK AREA

**December 11, 2020**  
**Utrecht - The Netherlands**

### REGISTRATION FORM

(Please use block letters; return by fax, email or regular mail)

ACCREDITATION  
POINTS: 6

Name, initials and titels

Specialty

Address

Zip code/city

Country

BIG registration - Dutch participant

Phone

Fax

Email

#### REGISTRATION FEE:

Before 01-10-2020 € 295,00  
After 01-10-2020 € 345,00

#### PAYMENT:

Organisation: Onderwijs aan Medici  
Name of the bank: ABN AMRO  
Bank address: Utrecht - The Netherlands  
BIC/Swift code: ABNANL2A  
IBAN code: NL40ABNA0623685396  
Description: Pain head neck, your full name and address

#### RETURN FORM TO:

Diakonessen Hospital Utrecht  
Department of Otorhinolaryngology/Head and Neck Surgery  
P.O. Box 80250  
3508 TG Utrecht - The Netherlands

Return by fax: +31 (0)88 250 6152

Return by email: info@pain-headneck-meeting.com